

2011/2012 Healthy Kids Colorado Survey

Key Findings

Denver Public Health
Promotion • Preparedness • Prevention • Protection

DENVER PUBLIC SCHOOLS
Discover a World of Opportunity™

Protective Factors

Protective factors buffer youth from a number of negative health outcomes. Identifying and understanding protective factors are equally as important as researching risk factors.

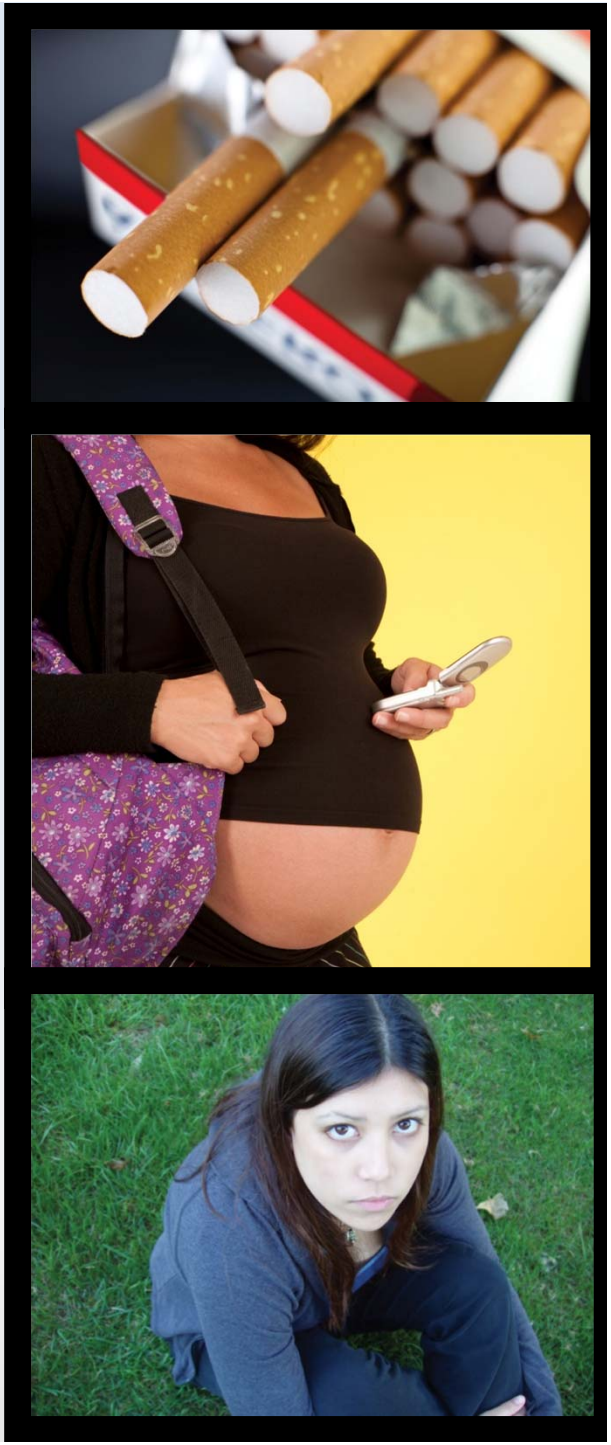
- Commitment to school
- Involvement in social activities
- Frequent shared activities with a parent
- Ability to discuss problems with a parent
- Positive social orientation
- High GPA

Results:
Denver Youth Protective Factors

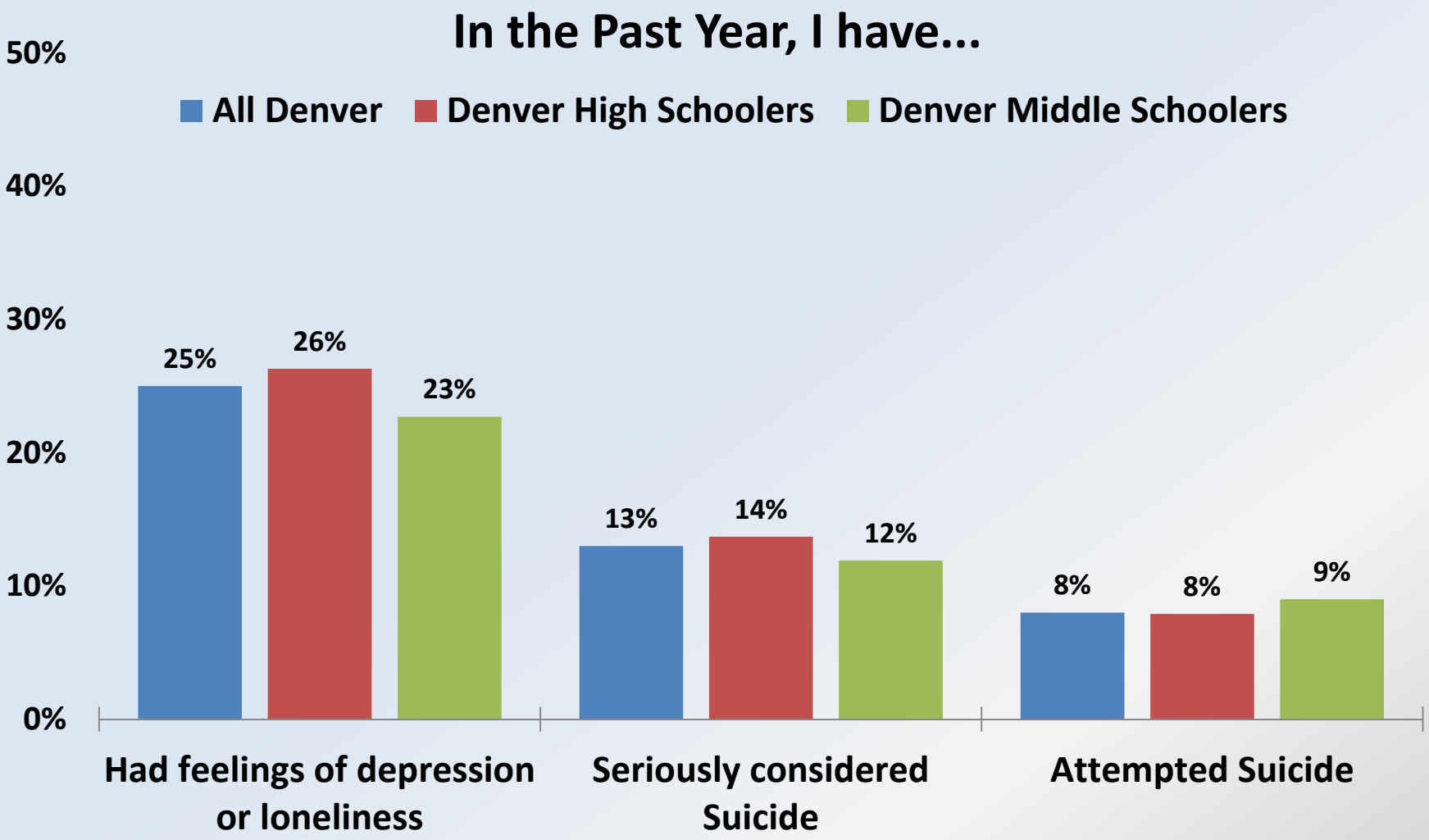
- **Connectedness to an adult outside the family**
  - In Denver, 81% of youth felt like they had a chance to talk to a teacher one-on-one
- **Commitment to school**
  - 87% felt like it was very important to finish high school
- **Ability to discuss problems with parents**
  - 81% of youth could ask a parent or guardian for help

Risk Factors

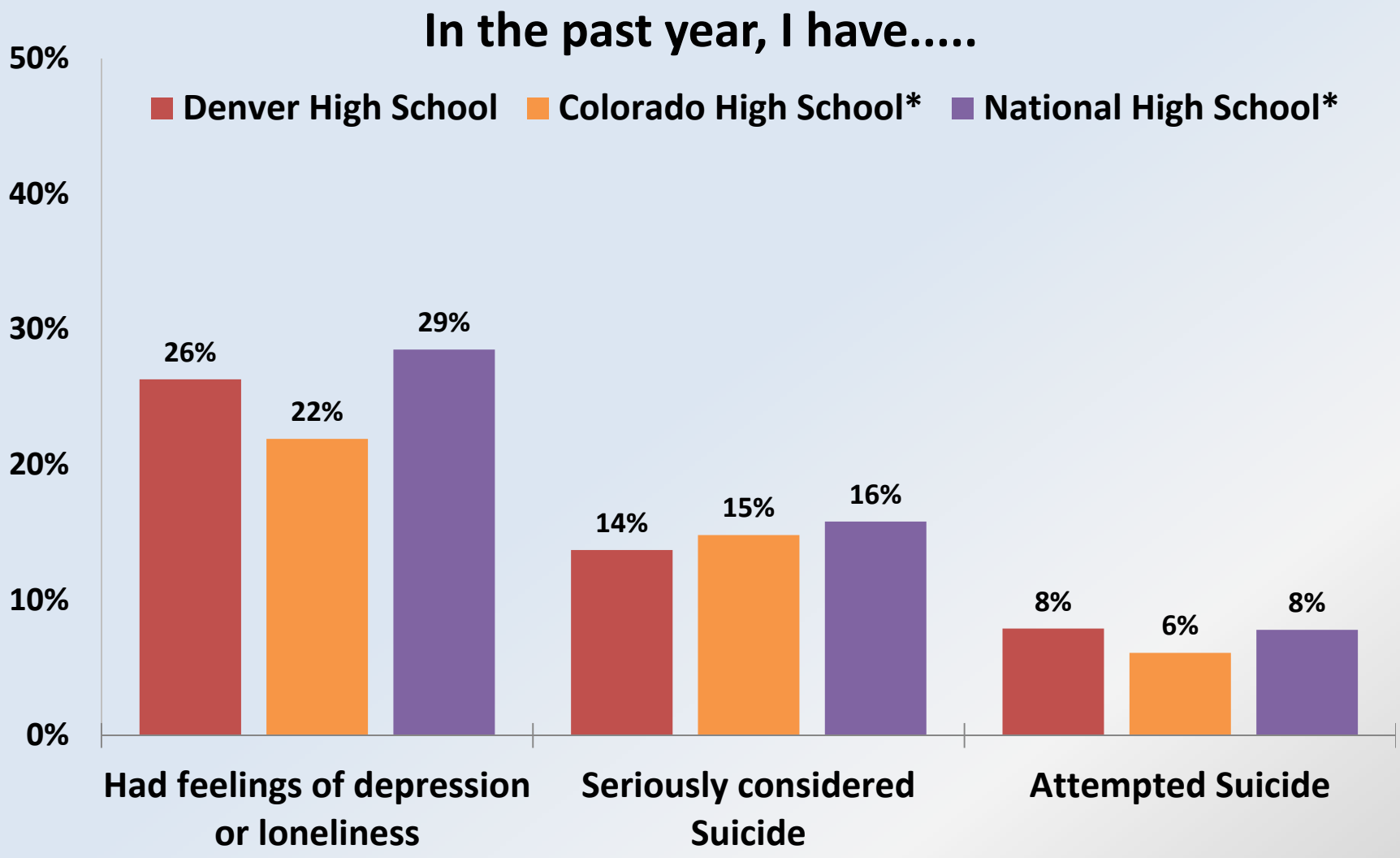
- Mental Health
- Alcohol, Tobacco, Marijuana and Other Drugs
- Personal Safety
- Physical Activity and Nutrition



Risk Factors: Mental Health

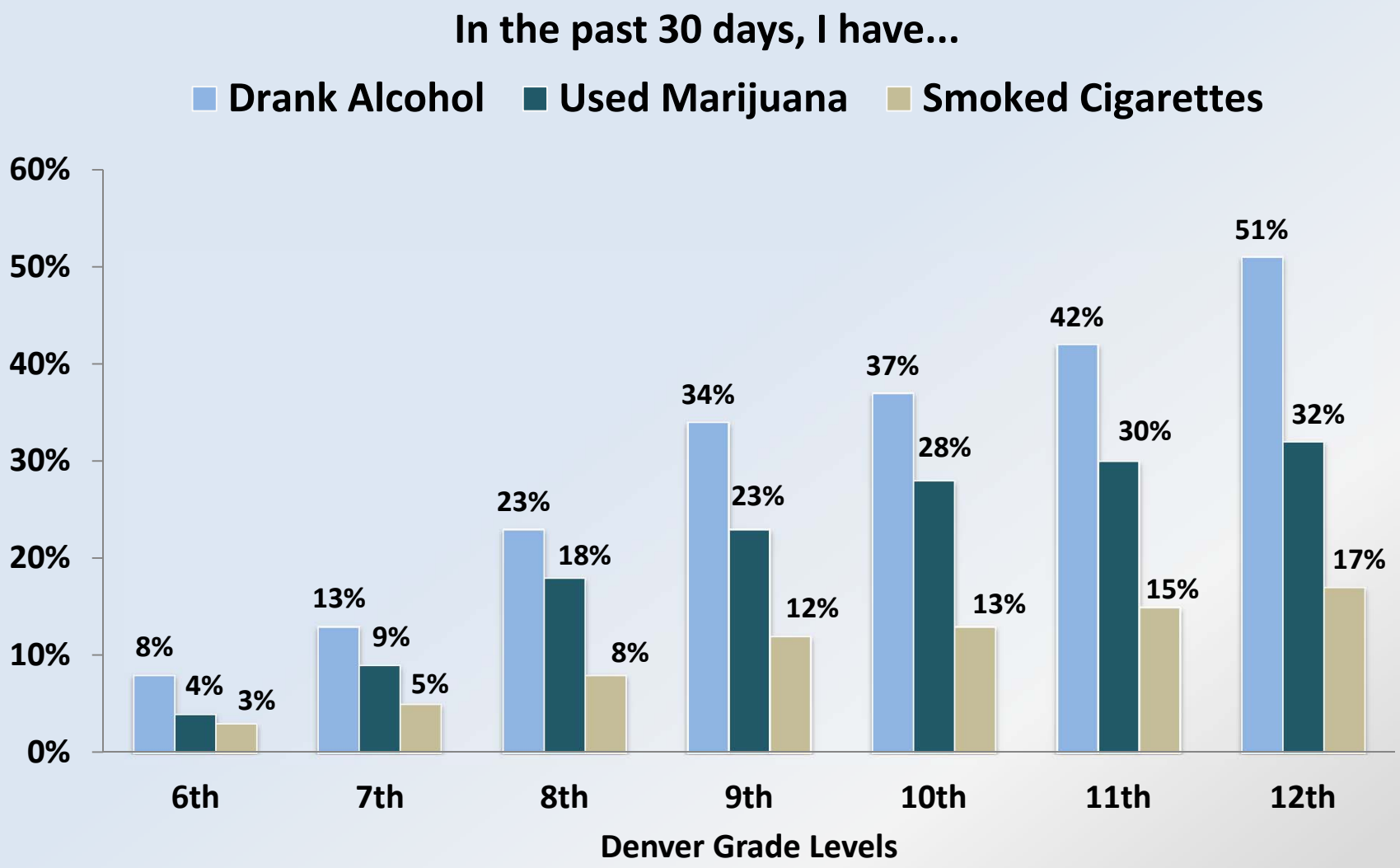


Mental Health: Denver vs. Colorado vs. USA

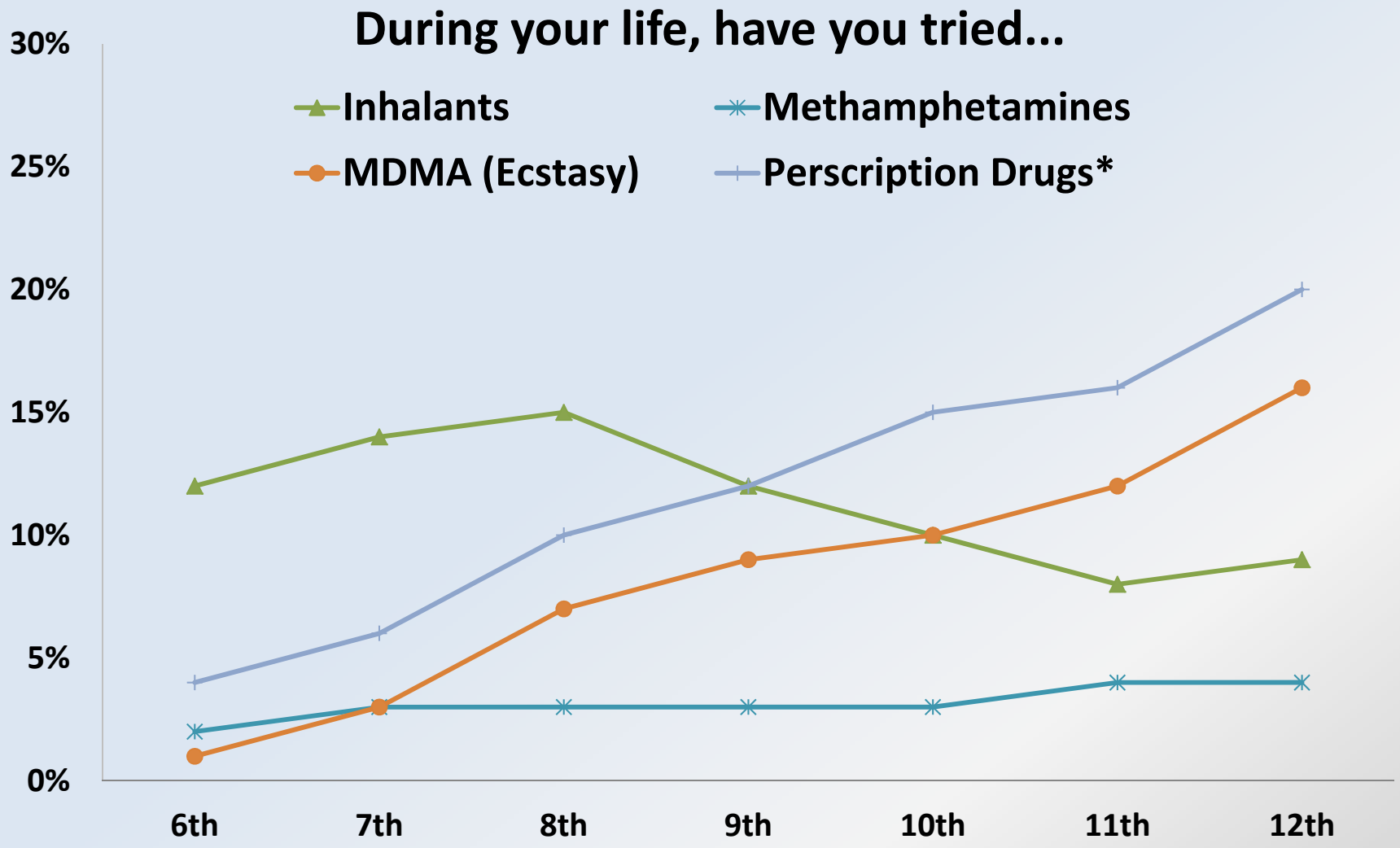


*Point estimates are calculated from a smaller sample of students than the Denver survey

Risk Factors
Alcohol, Tobacco, Marijuana Use



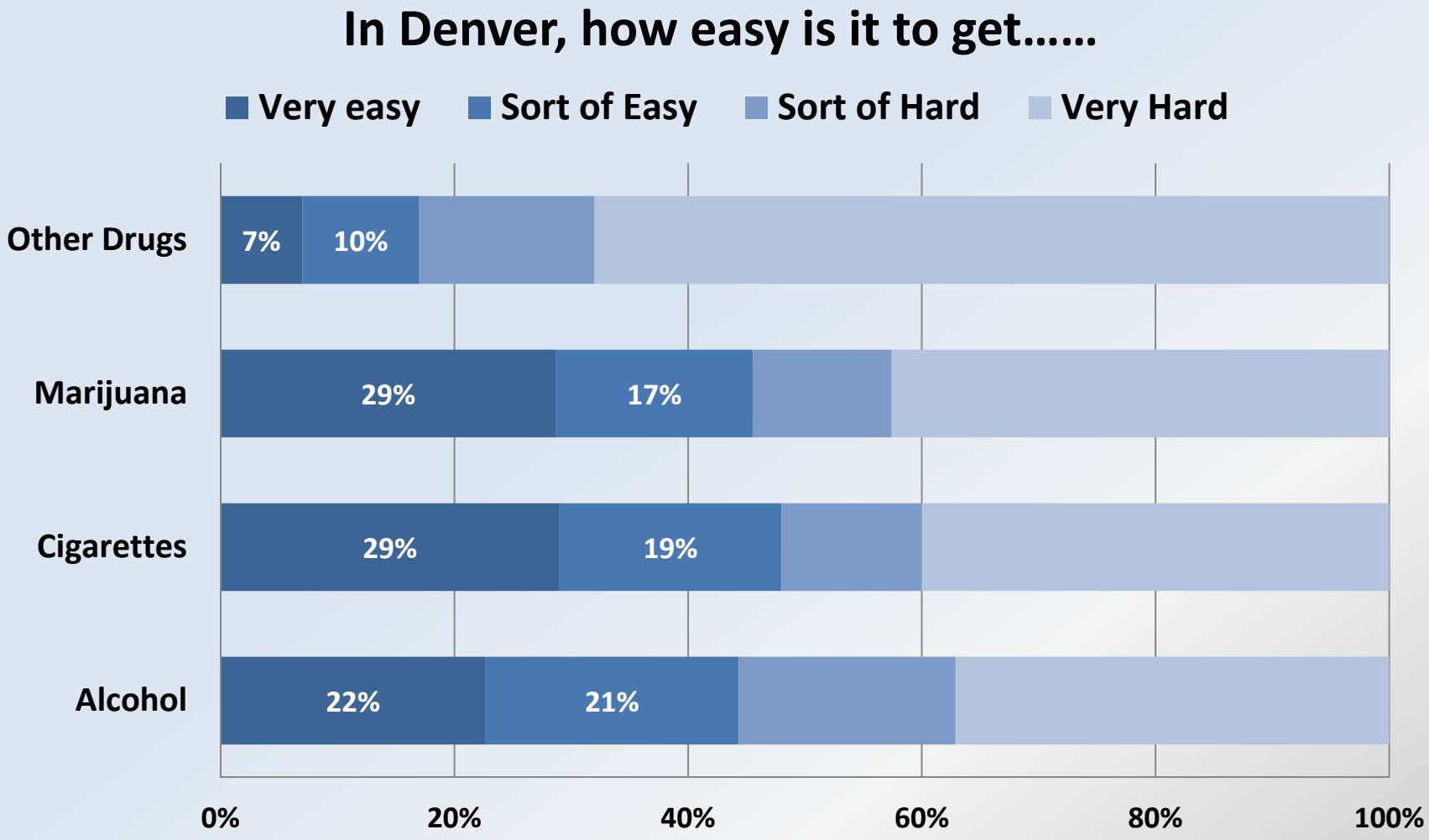
Risk Factors: Drugs



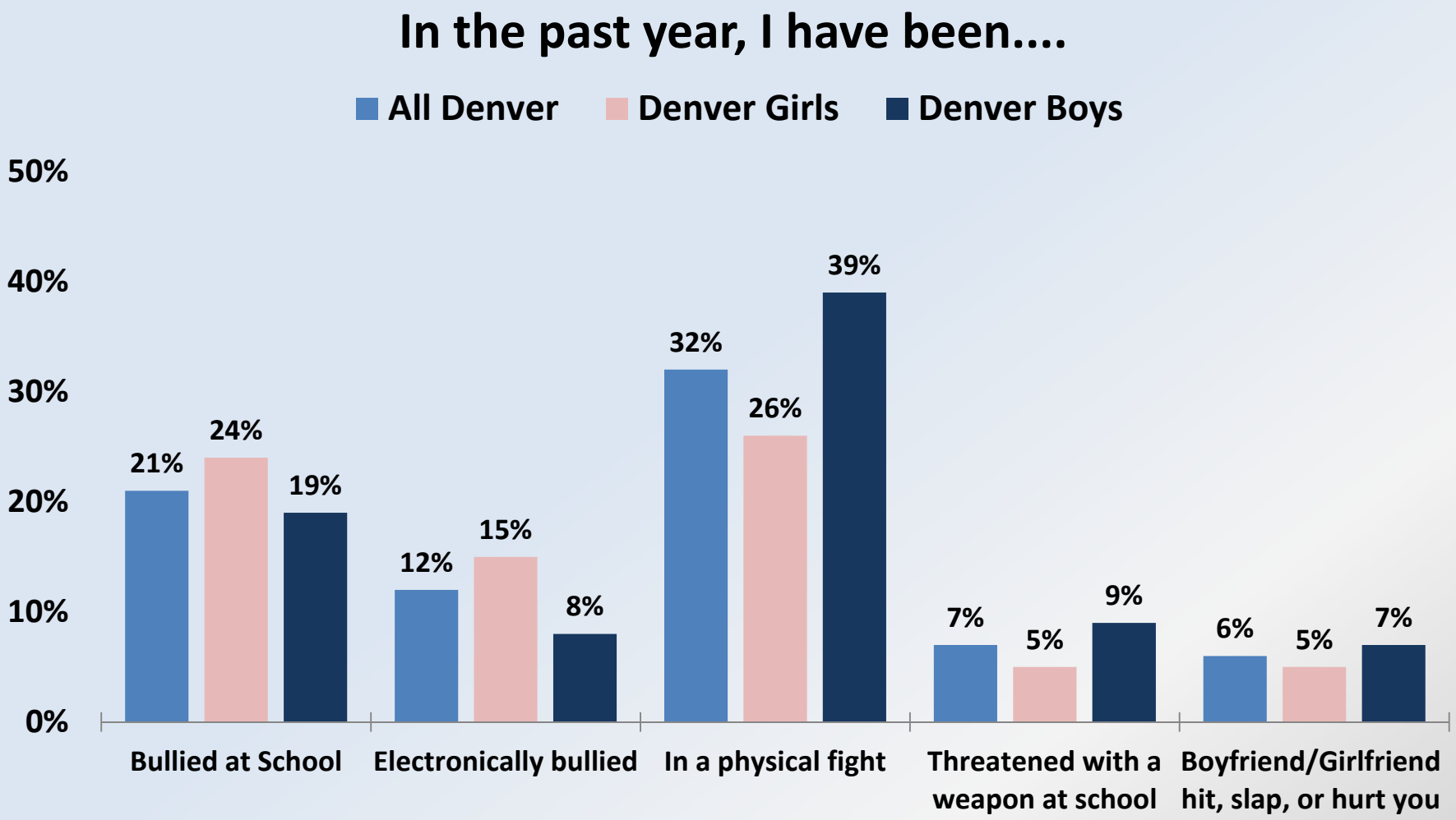
*Oxycontin, Percocet, Vicodin, Codeine, Adderrall, Ritalin, Xanax

Risk Factors

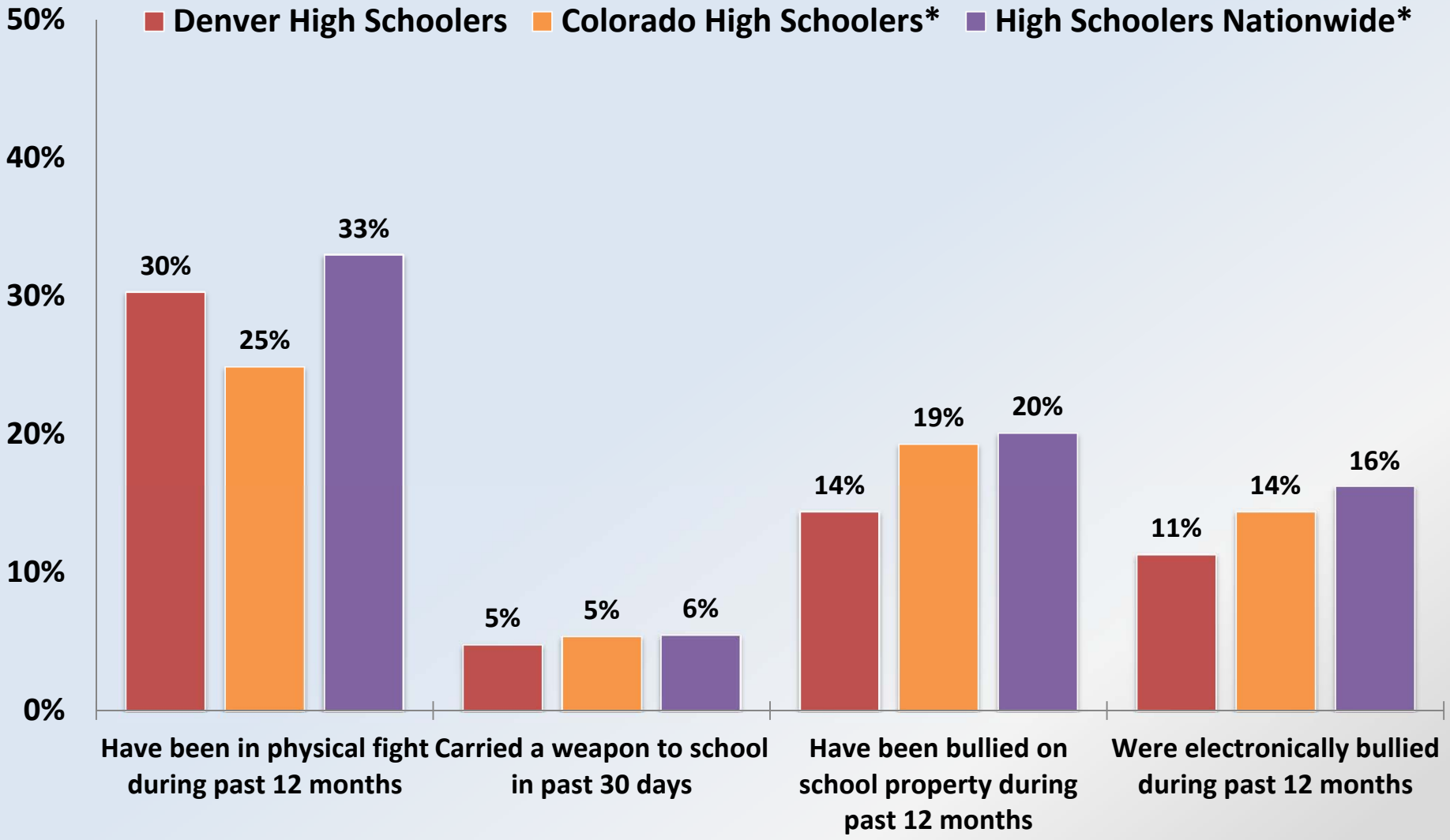
Alcohol, Tobacco, Marijuana, and Drugs



Risk Factors: Safety

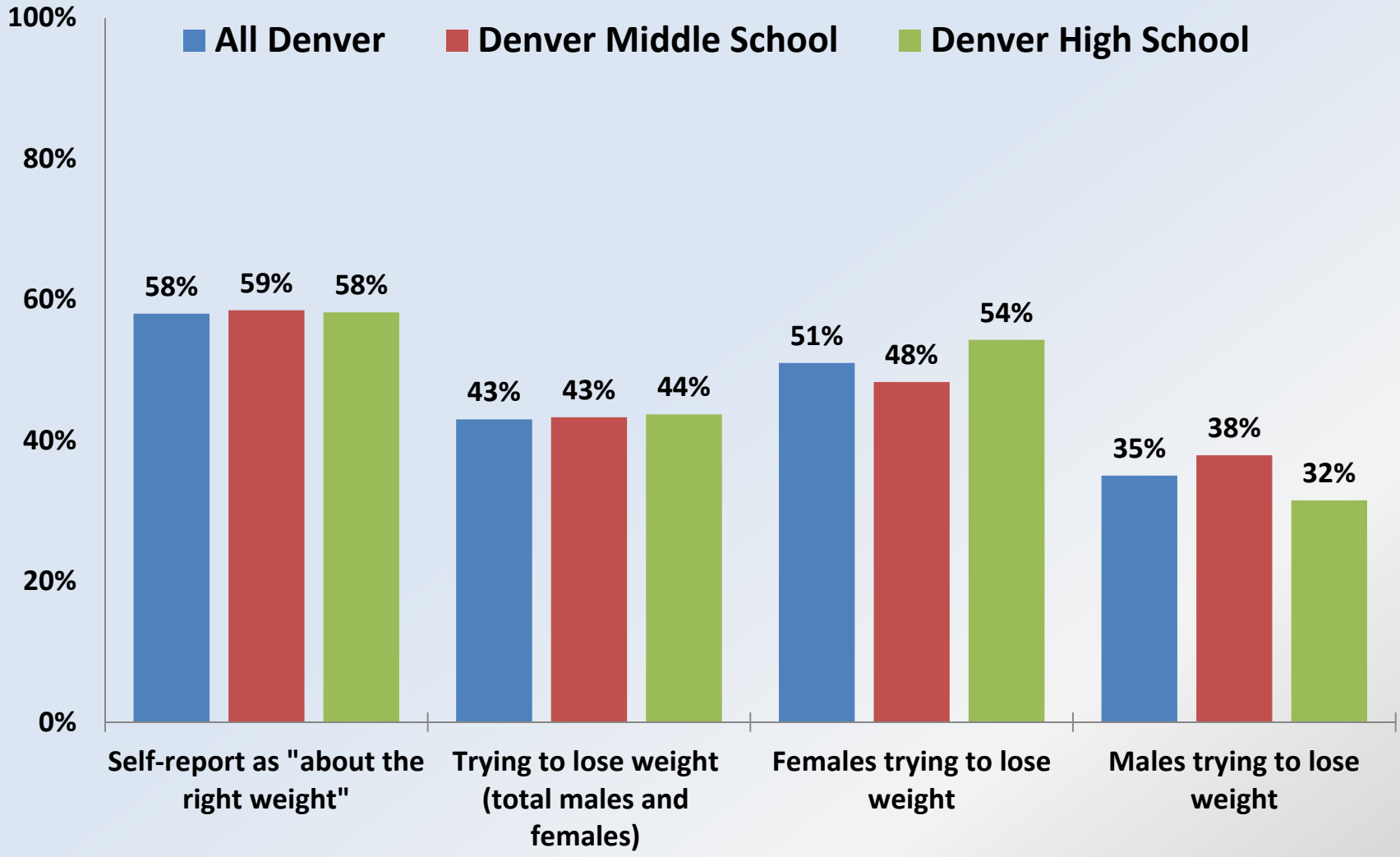


Safety: Denver vs. Colorado vs. USA

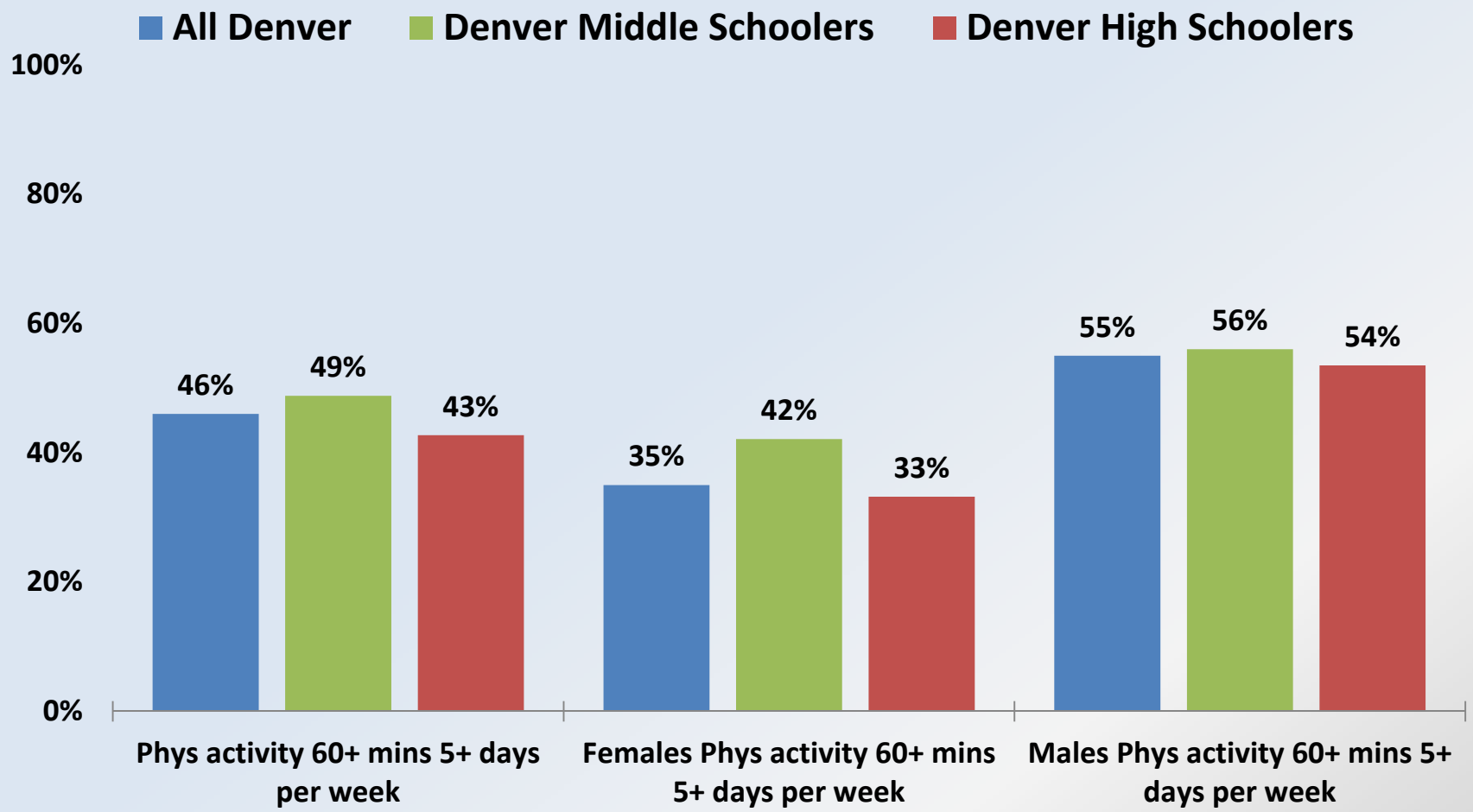


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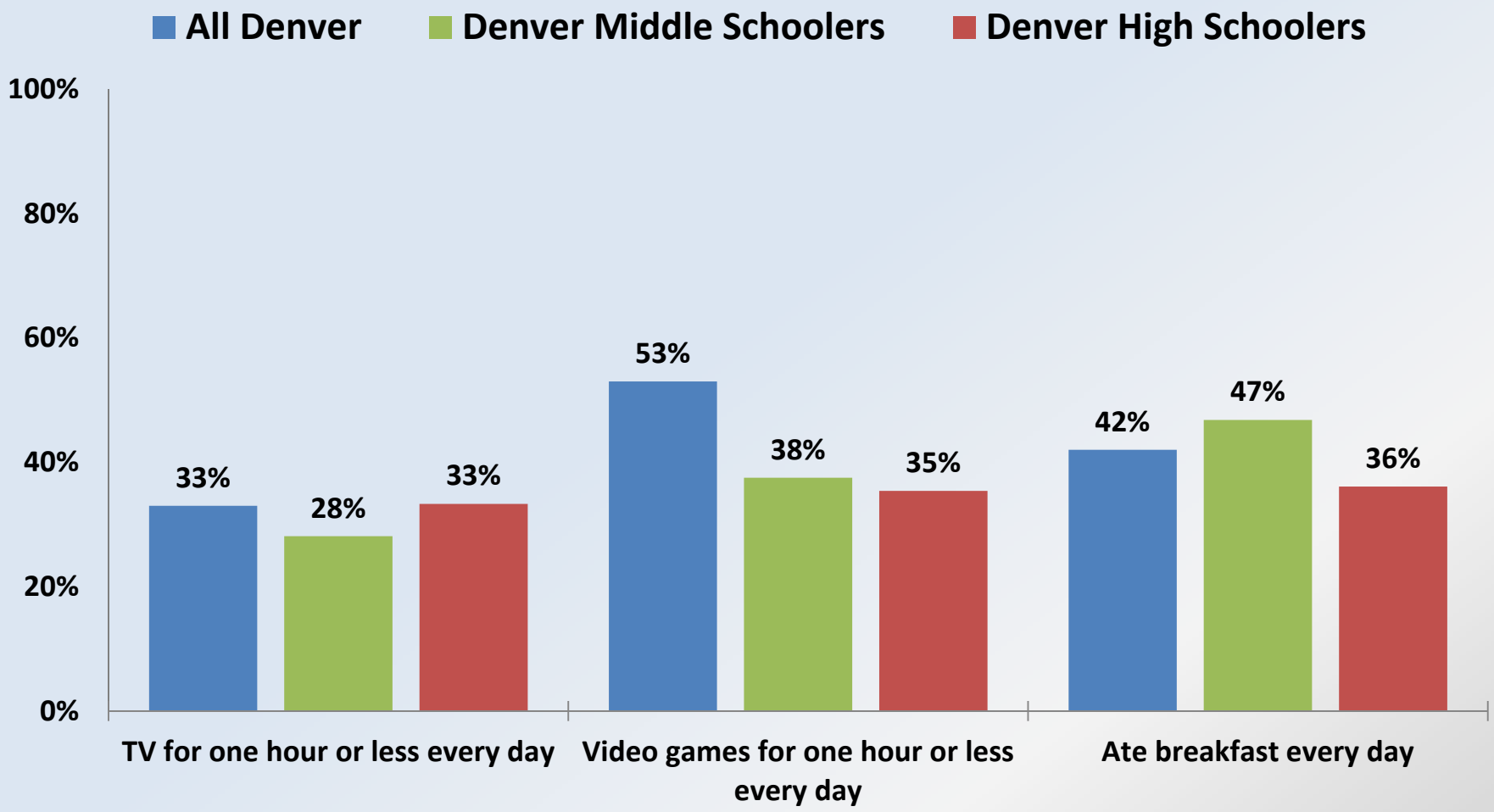
Risk Factors: Weight



Risk Factors: Physical Activity



Risk Factors:
Physical Activity and Nutrition





Health of Denver 2011

Health topics in Health of Denver 2011

- Access to Health Care
- Cardiovascular Disease
- Diabetes
- Weight
- Maternal, Child, and Adolescent Health
- Immunizations
- Infectious Diseases
- Environmental Quality
- Built Environment
- Injury and Violence
- Mental Health
- Substance Abuse
- Tobacco
- Cancer

http://denverhealth.org/Services/PublicHealth.aspx

Health of Denver 2011

Next Steps

- Building a more complete picture of health in Denver youth
  - BMI data from Denver Public Schools
  - Immunization data
  - Colorado Hospital Association data
- Additional analyses of HKCS data
  - DPH plans for analysis
  - Partners – ideas, funding

Summary

- Valuable Baseline
  - Denver has set the standard for gathering data on health among youth – data that are representative and will allow more detailed analyses
  - Identify strengths to build on and key health issues among youth
  - Build partnerships, attract funding for interventions
  - Robust assessment of outcomes of interventions